

# Minor in Nutrition

Students in other majors may elect to earn a minor in nutrition. The requirements of the minor are the completion of 16 credit hours in nutrition-related courses; up to four credits can be from other courses important to understanding nutrition science and eating behaviors. To develop the program of study, students should consult an adviser in the Department of Nutrition and Dietetics.

Code	Title	Credits
Select a minimum of 12 credits from the following list of courses:		
N&D 100	Introduction to Nutrition and Dietetics	1
N&D 220	Foodservice Safety and Sanitation	1
N&D 240	Fundamentals of Nutrition	3
N&D 240L	Fundamentals of Nutrition Laboratory	1
N&D 199	Special Topics in Nutrition and Dietetics (up to 6 cr hrs allowed)	1-4
N&D 250	Current Trends in Nutrition	3
N&D 260	Principles of Foods and Food Science	3
N&D 310	Nutrition Assessment	3
N&D 325	Nutrition Through the Life Cycle	3
N&D 335	World Food Patterns	3
N&D 344	Nutrition Education and Counseling	3
N&D 345	Community Nutrition	3
N&D 348	Sports Nutrition	3
N&D 380	Culinary Operations and Management	3
N&D 441	Nutritional Biochemistry	4
N&D 494	Research in Nutrition and Dietetics	1-4
A maximum of 4 credits from the following courses may be counted in the minor:		
BIMD 220	Human Anatomy Physiology I	3
BIMD 220L	Human Anatomy Physiology I Lab	1
BIMD 301	Biochemistry	3
BIMD 302	General Microbiology Lecture	2
BIMD 302L	General Microbiology Laboratory	2
BIOL 315	Genetics	3
CHEM 116	Introduction to Organic and Biochemistry	3
CHEM 116L	Introduction to Organic and Biochemistry Laboratory	1
CHEM 340	Survey of Organic Chemistry	4
CHEM 340L	Survey of Organic Chemistry Laboratory	1
PHE 301	Principles and Foundation of Health Education	3
PHE 307	Methods and Materials of Health Education	3
PSYC 111	Introduction to Psychology	3
Note: Other courses may be counted toward the minor with written approval of a faculty member in the Department of Nutrition and Dietetics.		