

# Minor in Coaching

---

Required 16 credits, including core

Code	Title	Credits
Core		
KIN 241	Introduction to Coaching	3
KIN 110	First Aid and CPR	1
KIN 440	Sport and Exercise Psychology	3
KIN 498	Practicum	3
Required for eSports Coaching		
KIN 243	Introduction to Esports Coaching	
KIN 343		
Electives		
KIN 207	Prevention, Care and Legal Issues for Injury	
KIN 325	Youth and Children in Sport	
KIN 326	Fundamentals of Physical Conditioning	
KIN 375	Exercise and Weight Training Skills and Teaching Techniques	
KIN 376	Essentials of Personal Training	
KIN 401	Sport Sociology	
KIN 404	Adapted Physical Activity	

Other KIN courses may be included as electives with advisor approval