

Certificate in Health and Wellness Coaching

Admission Requirements

1. A four-year bachelor's degree or equivalent from a regionally accredited college or university.
2. An overall undergraduate grade point average of 2.75 or greater for all undergraduate work or a GPA of at least 3.0 for the junior and senior years of undergraduate work (based on A=4.0).
3. Satisfy the School of Graduate Studies' English Language Proficiency requirements as published in the graduate catalog.

Certificate Requirements

Code	Title	Credits
N&D 560	Nutrition and Health Coaching	3
N&D 545	Nutrition in Disease Prevention and Wellness	3
N&D 596 or N&D 598	Practicum Dietetics Practicum	3

In addition to completing all required coursework a minimum of 40 hours of **live**, synchronous training is required by the NBHWC and to meet this requirement, attendance is **mandatory** for every live session throughout the three courses. Students enrolled in this program must meet the mandatory synchronous training requirements.

Students must pass a practical skills assessment before logging the required 50 coaching sessions for the national exam.