

# Counseling (COUN)

## Courses

### **COUN 101. Career Exploration. 1 Credit.**

The process of making career choices and decisions is explored through assessment, instruments, class activities, and assignments. Student interests, skills, and work values are explored and related to information about careers and job market trends. Recommended for students in the process of choosing an academic major. S/U grading. F,S.

### **COUN 250. Dialogue on U.S. Diversity. 3 Credits.**

This seminar on diversity issues in the U.S. will cover group communication skills, psychological impact of social/cultural group identities and inequality. S.

### **COUN 270. Bridging the Divide: Dialoguing Across Identity Differences. 3 Credits.**

This course emphasizes knowledge, awareness, and skills associated with multicultural competency and developing a greater understanding of social systems of privilege and oppression. Emphasis is placed on examining the role cultural context plays in understanding yourself and your relationships with others. Experiential exercises, readings, films, podcasts, and other media will be used to help students increase their awareness of our multicultural society. F,S.

### **COUN 399. Special Topics. 1-3 Credits.**

Specially arranged seminars or courses on a variety of subjects not covered by regular departmental offerings. May be initiated by students with approval of dean and departments involved, provided appropriate instructors are available. Repeatable to 6 credits. Repeatable to 6.00 credits. On demand.

### **COUN 501. Ethics: Counseling and Counseling Psychology. 3-4 Credits.**

Focus will be on the American Counseling Association (ACA) Code of Ethics, Code of Professional Ethics for Rehabilitation Counselors, the American School Counselor Association (ASCA) Ethical Standards for School Counselors, and The Association for Addiction (NAADAC) Professionals Code of Ethics. Students will learn to interpret these codes and apply them to professional practice, supervision, research and teaching situations. Prerequisite: Admissions into the Masters of Counseling Program. F,S,SS.

### **COUN 502. Professional Issues in Counseling. 1 Credit.**

An introduction to counseling practice and services in mental health, addiction, and other community agencies. Emphasizes professional issues in the field, professional development and career paths, and related topics. Corequisite: COUN 501; only for students in the Community Agencies Emphasis and Addictions Emphasis.

### **COUN 503. Professional Issues: Internship and Job Preparation. 1 Credit.**

This course explores the characteristics of professional counselor preparation, including identity development, professional organizations, licensure and certification, career paths, specializations in the field, and continuing education. Preparation for counseling internship will also be explored. Prerequisite: COUN 502 or COUN 506. F.

### **COUN 504. Foundations In Counseling. 5 Credits.**

This course will provide an introduction to abnormal psychology and human development across the lifespan. Therefore, this course will serve as a foundation for future learning occurring throughout the Counseling Master's Program, as students are expected to have a firm grasp of concepts included in this course in order to build upon this foundational knowledge as they progress in the program. This course will provide preliminary information about development across all lifespan stages, from prenatal development to late adulthood; focusing on the physical, cognitive, and social-emotional development of humans throughout the life course. This course will also provide information to identify abnormal psychological symptoms, presentations, personalities, and disorders, and respond in a multiculturally competent manner. Information presented will be based on theory, research, and practice related to counseling and counseling psychology. Prerequisite: Admission into the Masters of Counseling program. F,S,SS.

### **COUN 505. History of Psychology. 3 Credits.**

Historical development of modern psychology with an emphasis on philosophical precursors to psychology, experimental and systematic phases of early psychological thought, important issues during the growth of psychology, and current and future trends. Prerequisite: Graduate standing in Counseling or Psychology.

### **COUN 506. Rehabilitation Counseling: Foundations of Ethical and Professional Issues. 4 Credits.**

Focus will be on the Code of Professional Ethics for Rehabilitation Counselors. Students will learn to interpret these codes and apply them to professional practice, supervision, research and teaching situations. Prerequisite: Admission into the Masters of Counseling program. F,S,SS.

### **COUN 507. Life-Span Development in Counseling. 3 Credits.**

This course examines the foundations of human development across the life span, including pre-natal issues, infancy, childhood, adolescence, adulthood, and aging. Theories that address biological neurological behavioral, social, cognitive, cultural, and environmental issues of development will be examined. Structural theories of growth, maturation, and aging will be presented with an emphasis on strategies and interventions used by counselors to deal with developmental processes and transitions. F,S,SS.

### **COUN 510. Counseling Methods. 3 Credits.**

Two training components are combined to provide an intensive prepracticum experience. The didactic component introduces the basic interviewing and active listening skills; a laboratory component provides practice in the practical application of those skills in simulated counseling interviews. Corequisite: COUN 530. F,S,SS.

### **COUN 514. Rehabilitation Counseling: Assessment and Evaluation. 3 Credits.**

An introduction to assessment and related ethical issues in rehabilitation counseling. Assessment for vocational ability and independent living will be emphasized. Theory and research will be addressed, within a primarily applied framework. F,S,SS.

### **COUN 515. Methods of Research. 3 Credits.**

Methods and procedures of research development, design and analysis related to counseling and behavioral science. Experience in formulating and developing an individual research project. Considers research ethics and protection of human participants. F,S,SS.

### **COUN 516. Counseling Research Laboratory. 1-3 Credits.**

Introduces basic procedures in analysis of counseling research data. Topics including data coding, data entry and use of statistical packages are presented in an individualized manner. Prerequisite: COUN 515. Repeatable to 3.00 credits. S/U grading. F,S,SS.

### **COUN 517. Assessment in Counseling. 3 Credits.**

The application of principles of psychological measurement to selected instruments in the areas of intellectual functioning and aptitudes; educational and occupational achievements; career interests; and personality. Development of test interpretation skills. F,S,SS.

### **COUN 518. Group Theory and Process. 3-4 Credits.**

Addresses the principles and practices of support, task, psycho-educational and therapeutic groups with various populations in a multicultural context. Includes study of professional issues relevant to group processes. Involves participation and leading group experiences. F,S,SS.

### **COUN 519. Career Counseling. 3 Credits.**

An introduction to the psychology of careers and to the practice of career counseling. Career development theories, occupational classification systems, assessment instruments, and the use of occupational information for career education and life planning are included. Career counseling strategies for use with a diverse population are introduced. F,S,SS.

### **COUN 520. Diagnostic and Prevention Strategies in Counseling. 3 Credits.**

This course will focus on the assessment and diagnosis of individual psychiatric disorders as defined by classification systems such as the Diagnostic Statistical Manual (DSM) and the International Classification of Diseases (ICD). Understanding of defined diagnostic disorders relative to the helping context will be emphasized. Knowledge of cultural concerns associated with classification systems will be explored. Emphasis will be placed on the following: assessment strategies designed to promote healthy human functioning; prevention strategies that focus on organizational/community/social justice advocacy; and the impact of diagnostic and prevention strategies on human functioning and wellness across the life span. F,S,SS.

**COUN 521. Diagnostic and Therapeutic Skills Lab. 1 Credit.**

This experiential lab will focus on students applying acquired diagnostic and counseling and skills in simulated and live role-play sessions. This lab will provide students with the opportunity practice and demonstrate an understanding of symptoms and characteristics associated with mental disorders as well as making culturally-appropriate diagnoses. Additionally, this lab will provide students with an opportunity to practice and demonstrate their abilities to engage in cultural-appropriate counseling skills rooted in a strengths based and multicultural competencies approach. Students must demonstrate consistent and effect use of these skills in order to receive a satisfactory/passing grade in this lab course. Prerequisite: Admission into the Masters of Counseling program, COUN 530, COUN 532, and COUN 501. Prerequisite or Corequisite: COUN 520. F,S,SS.

**COUN 522. School Counseling and Program Management. 3 Credits.**

Theory, research, and practice of K-12 school counseling and school counseling program management. F,S,SS.

**COUN 526. Educational Collaboration. 3 Credits.**

The course focuses on the knowledge and skills essential to the consulting/collaboration process for professional school counselors in order to effectively support student adjustment and achievement. Collaboration for school improvement, program implementation, and work with parents, educators and professionals in the community is emphasized. Prerequisite: Enrollment in School Counseling Distance Program or permission of instructor.

**COUN 527. School-Based Family Counseling. 3 Credits.**

The course provides an overview of relevant theoretical models, approaches and specific issues of families in order for school personnel to facilitate student adjustment and achievement. Prerequisite: Enrollment in School Counseling Distance Program or permission of instructor.

**COUN 529. Dynamics of Addiction. 3 Credits.**

The course emphasizes the addiction and recovery process including vulnerability factors, diagnosis and treatment, and relapse prevention of addiction disorders for individuals and families. Shared characteristics of behavioral and chemical addictions, addiction theory, research, and policy will be addressed. F,S,SS.

**COUN 530. Theories of Counseling, Personality and Development. 3 Credits.**

Study and analysis of counseling interventions based on different theoretical models, emphasizing personality and human development. Course involves viewing videotapes of simulated or actual counseling sessions, role-play demonstrations, and role played practice of various theoretically based counseling interventions. F,S,SS.

**COUN 531. Psychology of Women, Gender and Development. 3 Credits.**

This course presents current research and trends in development theory, particularly theories pertaining to the psychological development of women and men. Issues such as abuse, ageism, depression, eating disorders, emotional experience and expression, heterosexism, feminism, and multiculturalism will be examined as related to the practice of psychology. Learning methods include writing, music, film, group discussion and creative projects. On demand.

**COUN 532. Multicultural Counseling. 4 Credits.**

This course offers an introduction to counseling theories and interventions appropriate for American ethnic and non-ethnic minority clients. The values suppositions of various cultural groups will be examined. In-class group experience is included. F,S,SS.

**COUN 533. Couples And Family Counseling. 3 Credits.**

Prerequisite: COUN 510 or consent of instructor.

**COUN 534. Child and Adolescent Counseling. 3 Credits.**

Theory, research, and practice of child and adolescent counseling. F.

**COUN 535. Child, Family, and Couples Counseling. 4 Credits.**

This course is based on the theory, research, and practice of counseling children, adolescents, couples, and families. Students taking this course will gain an understanding of how to engage in empirically based, multiculturally competent counseling with children, adolescents, couples, and families. Therapeutic concerns related to these populations will be identified and addressed, so that students gain an understanding of how to effectively manage commonly occurring concerns amongst these client populations. Evidence based theory and strategies will be taught to supply students with counseling skills they need to effectively treat children, adolescents, couples, and families in a multiculturally sensitive and ethical manner. Prerequisite: Admission into the Masters of Counseling program. F,S,SS.

**COUN 536. Medical & Psychosocial Aspects of Disabilities. 3 Credits.**

This course focuses on medical and psychosocial information regarding chronic illnesses and disabilities in clinical rehabilitation counseling practice. Students will develop an understanding of functional implication of physical, cognitive, and emotional disabilities. Information on disability-related demographics, onset, severity, progression and expected duration, etiology, prognosis, treatment procedures, and rehabilitation and vocational implications will be covered for each disabling condition. This course will also cover medical specialties, therapeutic services, restorative techniques, medical terminology, and medical examinations. Prerequisite: Admission into the Masters of Counseling Program. F,S,SS.

**COUN 537. Trauma & Crisis Counseling. 3 Credits.**

This course focuses on understanding the ethical, theoretical, and practical applications of treating trauma/trauma-related concerns, and managing crisis situations in counseling. Evidenced-based procedures and interventions required for trauma-treatment, and crisis management and intervention will be covered. Students will learn how to engage in ethical and multiculturally competent risk assessment, risk prevention, and safety planning for clients across the lifespan. Prerequisite: Admission into the Masters of Counseling Program. F,S,SS.

**COUN 539. Case Management and Community Partnership in Rehabilitation. 2-4 Credits.**

This course focuses on examining procedures and techniques related to individualized case management and caseload management. This course explores case management with various disabilities group in both an educational and vocational community resource setting. This course also provides an understanding of delivery systems that encompass public, private for-profit, and private not-for-profit settings. All of these skills are aimed at assisting the rehabilitation practitioner to develop and implement rehabilitation and return-to-work plans with their clients. Prerequisite: Admission into the Masters of Counseling Program. Repeatable to 4.00 credits. F,S,SS.

**COUN 540. Advanced Vocational Psychology. 3 Credits.**

Advanced study of major career counseling theories, models, and methods. Prerequisite: COUN 519 or equivalent, and admission to doctoral program.

**COUN 551. Research Issues in Counseling Psychology. 3 Credits.**

This seminar is designed to increase students' self-efficacy and ability to examine critically research issues in Counseling Psychology and their relationship to practice. Students will further develop and demonstrate skills necessary to conduct the science of Counseling Psychology, including problem conceptualization, study design and the writing of proposals. Prerequisite: Admission to the doctoral program.

**COUN 552. Counseling Psychology Professional Seminar I. 1 Credit.**

An examination of the skills necessary for developing as a counseling psychologist trainee, with an emphasis on critical analysis, writing, and self-examination. Introduction to the breadth of competencies expected in counseling and professional psychology. Introduction to organizational and behavioral health consultation. Prerequisite: Admission to the doctoral program in Counseling Psychology. F.

**COUN 553. Counseling Psychology Professional Seminar II. 1 Credit.**

An introduction to the profession of Counseling Psychology, emphasizing the history of the specialty, the philosophical underpinnings of Counseling Psychology values, and the organizational structure of leadership in the discipline. Prerequisite: Admission to the doctoral program in Counseling Psychology.

**COUN 554. Preparation for the Predoctoral Internship. 1 Credit.**

A focused preparation of skills necessary for successful attainment of a predoctoral internship in Psychology. Emphasis on self-presentation and interview skills. Prerequisite: Admission to the doctoral program in Counseling Psychology or Clinical Psychology and permission of the instructor.

**COUN 555. Advanced Psychometrics. 3 Credits.**

This lecture/lab course allows students to become familiar with fundamental concepts of psychological measurement. The emphases of the course is on test development strategies based in classical testing theory, but also includes an introduction to item response theory. Additional purposes include gaining knowledge of APA standards of assessment and their application to the profession of Counseling Psychology and related fields. Finally, the application of psychometric theory to relevant assessment instruments and the cultural implications of these applications are addressed. Prerequisite: COUN 517 or equivalent, and admission to doctoral program. F, even years.

**COUN 560. Supervision and Consultation Theory and Practice. 3 Credits.**

A survey and critical examination of approaches, techniques and issues in providing supervision and consultation. Includes reading of current theory and research on supervision and consultation, critical analysis of approaches to supervision, demonstrations, and role-played experiences of different supervision techniques. Prerequisite: Admission to the doctoral program in Counseling Psychology, the Master's program in Counseling, the doctoral program in Clinical Psychology or instructor permission. F,S,SS.

**COUN 561. Consultation Theory and Practice. 2 Credits.**

This course provides an introduction to theories, models and practices of mental health and psychological consultation and collaboration. Consultant roles, for both program and case consultation, will be defined. Practices include initiating and developing a consultation relationship, developing a consultation contract, enacting the contract, and consultation process.

**COUN 562. Consultation Laboratory. 1 Credit.**

Under supervision by a member of the faculty, students will develop and implement a consultation project with an organization or client from the community. Prerequisite or Corequisite: COUN 561. S/U grading.

**COUN 563. Advanced Application of APA Ethical Standards. 2 Credits.**

This elective course is designed for students in the second or third year of doctoral study, those who have already completed some work with clients and are seeking an opportunity to think more critically about the application of ethical expectations to professional work. The course will emphasize the integration of ethical and legal standards and the implementation of such standards in case-based exercises.

**COUN 564. Advanced Therapy Techniques. 3 Credits.**

This elective course is designed for advanced students who are engaged in clinical practice and have completed COUN 530 (Theories of Counseling Personality and Development) or its equivalent. The course will provide focused discussion and application of various evidence-supported techniques to case material. Prerequisite: COUN 530.

**COUN 565. Professional Seminars. 1-3 Credits.**

Seminars are designed to present current research and supplement coursework in several areas. May be repeated up to eight credits. Repeatable to 8.00 credits. S/U grading.

**COUN 568. Personality Assessment. 3 Credits.**

Theory, research, evidence, and training in the administration, scoring, interpretation and use of personality assessment instruments. Clinical interviewing and checklists, behavioral observations and report writing skills. Issues of race, ethnicity, gender, age and disability in the use of these instruments is emphasized. A two-hour lab provides supervised practice in test administration and scoring. Prerequisite: COUN 517 or equivalent, and admission to the doctoral program or permission of instructor.

**COUN 569. Cognitive Assessment. 3 Credits.**

Theory, research, evidence, and training in the administration, scoring, interpretation and use of cognitive assessment instruments. Clinical interviewing and checklists, behavioral observations and report writing skills. Issues of race, ethnicity, gender, age and disability in the use of these instruments is emphasized. A two-hour lab provides supervised practice in test administration and scoring. Prerequisite: COUN 517 or equivalent, and admission to the doctoral program or permission of instructor.

**COUN 570. Cognitive Assessment Measures in Special Education. 3 Credits.**

Theory, research, evidence, and training in the administration, scoring, interpretation and use of cognitive assessment measures. Practice in behavioral observations and report writing skills. Issues of race, ethnicity, gender, age and disability in the use of these instruments is integrated throughout. Prerequisite: Admission to the Doctor of Education program or permission of instructor. On demand.

**COUN 576. Psychopharmacology for Counseling and Addictions Studies. 3 Credits.**

This course covers psychopharmacological treatment and interventions for related concerns in the field of professional counseling. Topics covered include: neuroscientific and neurobiological correlates of addiction, development of neurobehaviors, comorbid addictions and co-occurring DSM-V disorders, counseling theories and intervention strategies (individual, family, group) including behavioral addictions, dementia, physical health concerns related to substance use and abuse, physiological correlates and effects of all psychoactive drugs and psychotropic medications, and medication-assisted treatment for related health and mental health disorders. Students' future roles as counselors within interdisciplinary settings, including consulting and working effectively with medical professionals, first-responders, family members and community members to assist with client assessment, diagnosis, treatment, and recovery. Ethical and legal standards associated with the use and termination of psychopharmacological medications, substances of abuse, risk assessment, referrals, consultation, confidentiality, and reporting concerns, including 42 CFR Part 2, and NAADAC Code of Ethics. Multicultural considerations and counseling techniques related to treatment of addictive behaviors, including stigma, discrimination, and history of substance use in the United States. F,S,SS.

**COUN 580. Counseling Practicum. 4 Credits.**

Introduction to counseling practice. Emphasis on development, improvement, and evaluation of counseling relationships. Interview skills in counseling practice with live supervision. Prerequisite: COUN 510 and Instructor permission. Prerequisite or Corequisite: COUN 530. F,S,SS.

**COUN 581. School Counseling Practicum. 1-4 Credits.**

Introduction to counseling practice in a school setting. Emphasis on improvement and evaluation of individual and group counseling relationships. Development of skills in applying the role of counselor to the school environment. Prerequisite: COUN 501, COUN 510 and, COUN 530, or permission of the instructor; 10 completed COUN credits. Repeatable to 4.00 credits. S/U grading. S,SS.

**COUN 582. Child and Adolescent Counseling Internship. 6 Credits.**

Professional practice in counseling, assessment, consultation, teaching, or research in an approved agency specializing in child and adolescent counseling. Supervision must meet criteria established by the department and the Graduate School. Department permission needed for summer enrollment. Graded SP/UP. Prerequisite: COUN 580. Repeatable to 12.00 credits. F,S.

**COUN 583. Doctoral Practicum. 1-2 Credits.**

Participation in the activities of a counseling agency or similar appropriate organization. Continued development of counseling, assessment, and consultation skills with individuals, couples, groups, organizations, and communities in a multicultural context. Participation in small group and individual supervision and in case conferences. This course is graded as SP/UP. Prerequisite: Admission to doctoral program. Repeatable to 12.00 credits. F,S,SS.

**COUN 584. Community Counseling Internship. 3-6 Credits.**

Professional practice in counseling, assessment, consultation, teaching, or research in an approved community agency. Supervision must meet criteria established by the department and the Graduate School. Department permission needed for Summer Session enrollment. Graded SP/UP. Prerequisite: COUN 580. Repeatable to 12.00 credits. F,S,SS.

**COUN 585. Counseling Psychology Research Practicum. 1-3 Credits.**

This course involves student participation in one of several, topical research groups conducted by faculty on an ongoing basis. Groups will design and carry out research studies, and prepare manuscripts for publication or presentation. May be repeated up to 8 credits. Repeatable to 8.00 credits. S/U grading.

**COUN 586. Practicum in Supervision. 1-3 Credits.**

Supervised experience in providing supervision to counselors-in-training. Experience may be gained in supervising beginning students in role-played labs, live supervision in practicum, individual supervision, and/or small group supervision of interns. May be repeated up to 6 credits. Prerequisite: COUN 560. Repeatable to 6.00 credits. S/U grading.

**COUN 587. Addictions Counseling Internship. 3-6 Credits.**

Professional practice in counseling, assessment, consultation, teaching, or research in an approved agency specializing in addictions counseling. Supervision must meet criteria established by the department and the Graduate School. Department permission needed for SS enrollment. Graded SP/UP. Prerequisite: COUN 580. Repeatable to 12.00 credits. F,S,SS.

**COUN 588. Rehabilitation Counseling Internship. 3-6 Credits.**

Professional practice in counseling, assessment, consultation, teaching, or research in an approved agency specializing in rehabilitation counseling. Supervision must meet criteria established by the department and the Graduate School. Department permission needed for SS enrollment. Graded SP/UP. Prerequisite: COUN 580. Repeatable to 12.00 credits. F,S,SS.

**COUN 589. School Counseling Internship. 3-6 Credits.**

Supervised internship in a school setting. Emphasis on observing and performing guidance and counseling methods and techniques. Knowledge and performance of the roles and duties of professional school counselors. Supervision must meet criteria established by the department and the Graduate School. Prerequisite: COUN 581. Repeatable to 12.00 credits. S/U grading. F,S,SS.

**COUN 590. Problems in Counseling. 1-3 Credits.**

Supervised independent study or application of selected problems in the counseling field. Repeatable. S/U grading.

**COUN 593. Readings in Counseling. 1-3 Credits.**

Reading in selected areas of counseling. May be repeated up to six credits. Repeatable to 6.00 credits. S/U grading.

**COUN 995. Scholarly Project. 1-2 Credits.**

The scholarly project will be collaborative investigations by two or more students of a relevant topic within the Counseling profession. Before initiating the project students must obtain approval from designated faculty. Prerequisite: Enrollment in either the on-campus Counseling MA program or the School Counseling online program. Prerequisite or Corequisite: COUN 515. Repeatable to 3.00 credits. F,S,SS.

**COUN 996. Continuing Enrollment. 1-12 Credits.**

Repeatable. S/U grading.

**COUN 997. Independent Study. 2 Credits.**

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**COUN 998. Thesis. 1-9 Credits.**

Repeatable to 9.00 credits.

**COUN 999. Dissertation. 1-15 Credits.**

Repeatable to 15.00 credits.