

Bachelor of Science in Human Nutrition

Required 120 credits (36 of which must be numbered 300 or above and 30 of which must be from UND) including:

I. Essential Studies Requirements (see University ES listing).

II. The Following Curriculum:

Students must achieve a "C" or better in all undergraduate nutrition courses.

Code	Title	Credits
N&D 100	Introduction to Nutrition and Dietetics	1
N&D 240	Fundamentals of Nutrition	3
N&D 240L	Fundamentals of Nutrition Laboratory	1
N&D 250	Current Trends in Nutrition	3
N&D 310	Nutrition Assessment	3
N&D 325	Nutrition Through the Life Cycle	3
N&D 335	World Food Patterns	3
N&D 344	Nutrition Education and Counseling	3
N&D 345	Community Nutrition	3
N&D 348	Sports Nutrition	3
N&D 441	Nutritional Biochemistry	4
N&D 494	Research in Nutrition and Dietetics	1
N&D 497	Supervised Practice in Human Nutrition	4
ENGL 110	College Composition I	3
ENGL 130	Composition II: Writing for Public Audiences	3
COMM 110	Fundamentals of Public Speaking	3
MATH 103	College Algebra	3
PSYC 111	Introduction to Psychology	3
BIMD 220	Human Anatomy Physiology I	3
CHEM 115	Introductory Chemistry	3
or CHEM 121	General Chemistry I	
or CHEM 122	General Chemistry II	
or CHEM 221	Fundamentals of Chemistry - Concepts	
CHEM 115L	Introductory Chemistry Laboratory	1
or CHEM 121L	General Chemistry I Laboratory	
or CHEM 122L	General Chemistry II Laboratory	
or CHEM 221L	Fundamentals of Chemistry Laboratory	
CHEM 116	Introduction to Organic and Biochemistry	3
or CHEM 340	Survey of Organic Chemistry	
or CHEM 341	Organic Chemistry I	
CHEM 116L	Introduction to Organic and Biochemistry Laboratory	1
or CHEM 340L	Survey of Organic Chemistry Laboratory	
or CHEM 341L	Organic Chemistry I Laboratory	
BIMD 220L	Human Anatomy Physiology I Lab	1
BIMD 221	Human Anatomy Physiology II	3
BIMD 221L	Human Anatomy Physiology II Lab	1
SOC 326	Sociological Statistics	3
or PSYC 241	Statistics for the Behavioral Sciences	
Total Credits		69

III. Choice of either Option A or Option B.

Option A Health Promotion: Choose a minimum of four courses

Code	Title	Credits
N&D 220	Foodservice Safety and Sanitation	1
N&D 260	Principles of Foods and Food Science	3
N&D 380	Culinary Operations and Management	3

MGMT 300	Principles of Management	3
PHE 301	Principles and Foundation of Health Education	3
PHE 307	Methods and Materials of Health Education	3
PHE 240	Personal Wellness	3
T&L 252	Child Development	3
PSYC 250	Developmental Psychology	4
PSYC 355	Adulthood and Aging	3
SOC 352	Aging and Society	3

Option B Sciences: Choose a minimum four courses

Code	Title	Credits
BIOL 150	General Biology I	3
BIOL 151	General Biology II	3
BIOL 341	Cell Biology	3
PPT 315	Human Pharmacology	3
PPT 410	Drugs Subject to Abuse	2
PSYC 250	Developmental Psychology	4
PSYC 355	Adulthood and Aging	3
SOC 352	Aging and Society	3
SOC 355	Drugs and Society	3
BIMD 301	Biochemistry	3

IV. Electives

In consultation with an adviser, the student will select electives or a minor to meet the University minimum of 120 semester hours of credit and Essential Studies requirements for graduation.