

Minor in Coaching

Required 16 credits, including core

| Code | Title | Credits |
|-------------------------------|---|---------|
| Core | | |
| KIN 241 | Introduction to Coaching | 3 |
| KIN 110 | First Aid and CPR | 1 |
| KIN 440 | Sport and Exercise Psychology | 3 |
| KIN 498 | Practicum | 3 |
| Required for eSports Coaching | | |
| ESPT 201 | Introduction to Esports | 3 |
| KIN 243 | Introduction to Esports Coaching | 3 |
| Electives | | |
| KIN 207 | Prevention, Care and Legal Issues for Injury | |
| KIN 325 | Youth and Children in Sport | |
| KIN 326 | Fundamentals of Physical Conditioning | |
| KIN 375 | Strength and Conditioning: Exercise Skills and Teaching Technique | |
| KIN 376 | Essentials of Personal Training | |
| KIN 401 | Sport Sociology | |
| KIN 404 | Adapted Physical Activity | |

Other courses may be included as electives with advisor approval